

WILL LEE

Personal Trainer

EDUCATION & CERTIFICATION

- Bachelors of Science in Business Administration from UC Riverside

Certifications:

- NASM - Certified Personal Trainer
- ACE Certified Group Fitness Instructor
- CPR/AED Certified

ACHIEVEMENTS:

- National trainer and presenter for Les Mills U.S.
- 2x Spartan race trifecta (2015, 2016)

HOBBIES/SPECIALITIES:

- Strength training
- Cycling
- Collecting cool things
- Watching funny movies

PHILOSOPHY

"Commit your time, conquer your goals, stay consistent".

